

# USA Jump Rope

Presents the

## Maryland All-Star Workshop

***Mark your calendars and get your ropes ready!***

**April 8, 2017**

**Churchville, MD**

USA Jump Rope is **EXCITED** to announce our **Maryland All-Star Workshop** in Churchville, Maryland, April 8th. The workshop is hosted by the **Hoppin' Hawks** of Churchville, MD coached by Megan Reith. Participants will learn from the absolute **best** in the sport of jump rope –**the USA Jump Rope All-Star Team** members! Participants will learn Single Rope, Double Dutch, Chinese Wheel, Long Ropes and Traveler. All USA Jump Rope members and non-members are invited to attend. *All ages and ability levels are welcome!*

The host team will sell light concessions. We will provide lunch order information a few weeks before the event to those registered. The ending show will be the **most awesome closing ceremony and staff show you have ever seen! That's a promise!**

We have identified suggested hotels if you require overnight accommodations. We have not blocked rooms but they have very good rates and are close to the venue. Suggested hotels are:

- Residence Inn Aberdeen at Ripken Stadium- <http://www.marriott.com/hotels/travel/bwide-residence-inn-aberdeen-at-ripken-stadium> - 410-272-0444
- Hilton Garden Inn Aberdeen- <http://hiltongardeninn3.hilton.com/en/hotels/maryland/hilton-garden-inn-aberdeen-BWIABGI/index.html> - 410-272-1777
- Comfort Inn and Suites Aberdeen Near APG- <https://www.choicehotels.com/maryland/aberdeen/comfort-inn-hotels/md196> - 410-273-6300
- Wingate by Wyndham Aberdeen/Belcamp- <http://www.aberdeenwingate.com/> - 410-272-2929

### **Workshop Information:**

**Workshop:** All-Star Workshop for all ability levels and ages  
**Date/Time:** April 8, 2017 – 9:00: a.m. – 3 p.m. *with staff show to follow*  
**USAJR Members:** \$45 (workshop)  
**Non-Member Fee:** \$55 (USAJR recreational membership & workshop)

### **Workshop Location:**

Churchville Recreation Center Level Rd.  
3023 Level Rd.  
Churchville, MD 21028

***Register by March 17th, this workshop will fill up fast!***

The All-Star Team has helped gain opportunities and visibility for our sport, which helps USA Jump Rope better achieve its goals of expansion and growth. Join us for one of the best workshops around! If you have any questions about the workshop, please feel free to call the USA Jump Rope office at 936-295-3332 or email us at [info@usajumprope.org](mailto:info@usajumprope.org).



## 2017 ALL STAR WORKSHOP PARTICIPANT REGISTRATION

Name: \_\_\_\_\_ Membership # \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Area Code/Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Gender: Male Female (circle one) Birthdate \_\_\_/\_\_\_/\_\_\_ Age \_\_\_\_\_

Team: \_\_\_\_\_ Coach: \_\_\_\_\_  
If applicable If applicable

### **Jump Rope Levels:**

**Circle One:** Level One (Basic) Level Two (Elementary) Level Three (Intermediate)  
Level Four (Advanced) Level Five (Masters)

**Time:** 9 a.m. – 3 p.m. - *with staff show to follow!*

### **Fees:**

**All-Star Workshop – April 8, 2017 – Churchville Recreation Center Level Rd.**

\$55 *non-members* (USAJR recreational membership, workshop)

\$45 *USAJR members* (workshop)

\$15 Workshop t-shirt (optional) Size: YS YM YL AS AM AL AXL (circle size needed)

### **Payment Information:**

**Total Payment:** \$ \_\_\_\_\_

Check enclosed payable to USAJR

Credit Card Payment: VISA / MC / AMEX / Discover (circle one)

Account # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name on Card \_\_\_\_\_

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***Registration forms due by March 17, 2017***  
*(to register after the deadline, contact USAJR at [info@usajumprope.org](mailto:info@usajumprope.org))*  
**Mail forms to: USAJR, P.O. Box 569, Huntsville, TX 77342-0569**  
**936-295-3332/Fax: 936-295-3309**

# USA JUMP ROPE ALL-STAR WORKSHOP



## PARTICIPANT RELEASE AND INDEMNITY AGREEMENT

Name: \_\_\_\_\_

Team: \_\_\_\_\_

Birthdate: \_\_\_\_\_

***Check all that apply and complete information:***

- We (or) I hereby request your acceptance of this application for registration to the USA Jump Rope All-Star Workshop to be held **April 8, 2017 in Churchville, MD**

\_\_\_\_\_  
Name of Participant (please print)

In consideration of your acceptance of this application, we (or) I hereby release any board members, staff or persons associated with the USA Jump Rope®, as its designated host, from all claims and causes of action arising from injury to the participant at this workshop, whether such injury is the result of negligence or some other cause. If medical attention is required for injury or illness while at the workshop, we (or) I give my permission for such medical care and we (or) I will be financially responsible. By signing this form, we (or) I attest to this fact that we (or) I have a valid medical insurance coverage plan. We (or) I also give permission for the USA Jump Rope® to use any videos and/or photography of the participant for publicity, advertising or other commercial or promotional purposes.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian if participant is under 18

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Team

\_\_\_\_\_  
Name of Coach (if applicable)