



## USA Jump Rope Membership Code of Conduct



### ***Standard for anyone involved in USA Jump Rope including Athletes, Coaches, Judges, Adult Members and Parents***

- Respect the decisions of officials, judges, coaches and administrators in the conduct of the sport of jump rope.
- Display respect for the rights and worth of every person regardless of gender, race, ability, cultural background or religion.
- Support opportunities for participation in all aspects of the sport of jump rope.
- Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.
- Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development.
- Operate within the rules and spirit of our sport, promoting fair play over winning at any cost and refrain from violation of any of the competition rules.
- Adopt appropriate and responsible behavior in all interactions.
- Adopt responsible behavior in relation to alcohol and other drugs; no alcohol or controlled substances at jump rope sanctioned events. Those abusing alcohol or under the influence will not be allowed at jump rope sanctioned events.
- Do not approach tournament officials. All inquiries should be directed to the coach or coach of record for your team.
- Ensure your decisions and actions contribute to a safe and harassment free environment. Do not tolerate or conduct harmful or abusive behaviors.
- Place the safety and welfare of the athletes above all else.
- Judges will be consistent and impartial when making decisions.
- Judges will thoroughly prepare for all judging assignments and pursue opportunities to develop their expertise.
- Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- Be an ambassador for the sport, conduct yourself as a responsible representative of your team and the sport of jump rope.
- Exhibit exceptional ethical conduct and sportsmanship to teammates and opposing teams at all times.
- Participate for your own enjoyment and benefit, but also demonstrate concern and compassion for others.
- Encourage and support opportunities for people to learn appropriate behaviors and skills.
- Never ridicule or yell at an athlete for making a mistake or losing a competition.
- Reject the use of violence in any form, whether it is by spectators, coaches, officials or athletes.
- Members will follow all state and federal laws.
- Any other intentional act, conduct or omission not provided for above, which is detrimental to others, the image or reputation of USA Jump Rope, or the sport of jump rope will not be tolerated.



I have read and understand the Membership Code of Conduct for USA Jump Rope and hereby attest that I will follow the rules and regulations outlined in this document. I understand that if I violate the terms of this agreement, I may be subject to disciplinary action.

Member's Name \_\_\_\_\_ Signature of Member or Member's Parent if under 18 \_\_\_\_\_ Date \_\_\_\_\_

Team Coach if applicable \_\_\_\_\_ Team Name if applicable \_\_\_\_\_

**Please mail this signature page only.**

**You will need to keep the Membership Code of Conduct page for your records. Please note that you cannot compete in U.S. Trials, Regional or National tournaments or attend any sanctioned camps without a signed copy of this document on file.**

Mail signature page with original signature to USA Jump Rope, P.O. Box 569, Huntsville, TX 77342-0569

***NO FAXED COPIES WILL BE ACCEPTED***

If you are aware of a violation of the USA Jump Rope Membership Code of Conduct and would like to report this, please contact the USA Jump Rope Ombudsperson. The 2009-10 Ombudsperson is Bonnie Harrison and she can be reached at:

[bonnieonbainbridge@hotmail.com](mailto:bonnieonbainbridge@hotmail.com)

or by phone at 206-992-1122

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